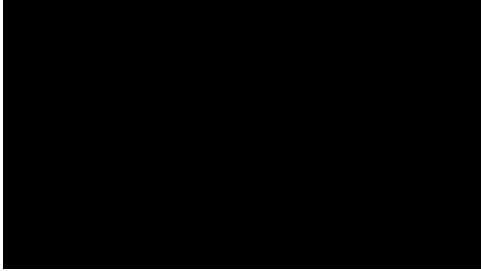


Blair F. Collings Scholarship Program | 2024

Applicant Information



In the fall of 2024, I will be a:
Senior

College/University:



Course of Study:
Exercise Science

If a previous Blair F. Collings Scholarship Recipient, please indicate year(s) awarded:
2021

Leadership Section:

Shift Leader/Shift Manager, [REDACTED] Pizza, March 2022 - Present Marching Band Section
Leader, [REDACTED] High School, November 2020 - May 2021

Blair Collings Scholarship Essay

When I was in high school, it was clear what I wanted to do for the rest of my life. I fell in love with learning about how the body works, and this combined with my passion for helping people, made it clear what I wanted to do. With this being the case, I chose to major in exercise science. Exercise science is a great major, in the aspect of learning all sorts of ways to improve your health and the others health around you as well. After some time in college, I obtained an internship at Cigna Health. This internship specifically lies more so on the pharmaceutical side of the company and will lead to a job at Cigna Health as well. With the knowledge I have gained from studying exercise science, this will greatly benefit me, as my knowledge can translate into the workplace of Cigna Health. I think this internship will be an amazing opportunity for me, as it strikes my interests and my passions. Working in the pharmaceutical side of the company allows me understand how medications work within the body, and how they affect the body to help people. This combined with negotiating the best possible prices for medications allows me to help people as well, which is my biggest passion. This internship will start after I graduate, and my work ethic will uphold itself throughout the duration of this internship. No matter what it is that I am doing, I always put my best work before me. My hard work has never failed me, and I plan on putting my best work into this internship as it translates into a job. Overall, I find passion and fulfillment in my studies, and I am eager to see where this can take me. I am beyond excited to start my career at Cigna Health, and I have high hopes that I will be taken into consideration for the Blair Collings Scholarship, as this will help me to achieve the goals that I have!

Midwest Building Suppliers Association

RE: The Blair F. Collings Scholarship

Dear Blair F. Collings Scholarship Committee,

I am recommending [REDACTED] for the Blair F. Collings Scholarship. [REDACTED] father has worked at [REDACTED] for over 32 years. The [REDACTED] family has worked at [REDACTED] for two generations.

[REDACTED] participate in marching band. [REDACTED] have immersed themselves in the band program. Their participation in the band program includes color guard, percussion, and winter guard events at the high school. If they are not directly involved in the band function, they are working parking, concessions, and tickets. [REDACTED] active in their church as well.

On top of the school functions, [REDACTED] work at Kroger.

[REDACTED] accepted to [REDACTED] this fall. [REDACTED] will graduate with a 3.6 GPA and is a direct admit to the School of Public Health.

[REDACTED] contribute to their school and community while maintaining a high level of work-load. For these reason I recommend [REDACTED] for the Blair Collings Scholarship.

Please feel free to contact me with any questions.

Thank you,

[REDACTED]

Letter of Recommendation: [REDACTED]

May 31st, 2024 To whom it may concern, I have had the privilege of working with [REDACTED]

[REDACTED] as his general manager since March of 2022. Since then, he has shown exceptional leadership skills, as he is one of the shift leaders at my store and has an exceptional work ethic. [REDACTED] is someone I can depend on at work, as he is willing to go out of his way to help out employees, and he goes out of his way to ensure the best possible experience for any customers he may help. [REDACTED] shows up early to every single shift he works and leads by example, as all of his work is done thoroughly and attentively. He is adaptable, uplifting, and has a positive attitude no matter what he is doing. [REDACTED] is as well a full-time student at [REDACTED] and is pursuing a degree in exercise science. [REDACTED] puts his best work into everything he does, whether it is work or school, and he balances both work and school successfully, as this is something very hard to do while in college. I am recommending [REDACTED] for the Blair Collings Scholarship, because he is an incredibly hard worker while juggling school as well, and he is nothing but deserving of this scholarship. [REDACTED] surpasses expectations in all of his work, and this scholarship couldn't go to anyone else more deserving. [REDACTED] Pizza GM [REDACTED]

Report Results

Student Unofficial Transcript

Print Date : 05-31-2024

----- Beginning of Undergraduate Record -----

Fall 2021

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
ANTH-A 122	INTERPERSONAL COMMUNICATION	3.00	A
MUS-Z 101	MUSIC FOR THE LISTENER	3.00	C
PSY-P 101	INTRODUCTORY PSYCHOLOGY 1	3.00	B-
SPH-K 150	INTRO TO KINE AND PH	3.00	B+
SPH-K 212	INTRO TO EXERCISE SCIENCE	3.00	B
Semester:	GPA Hours: 15.00	GPA Points: 45.000	
	Hours Earned: 15.00	GPA: 3.000	
Cumulative:	GPA Hours: 15.00	GPA Points: 45.000	
	Hours Earned: 15.00	GPA: 3.000	

Spring 2022

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
CMLT-C 110	WRITING THE WORLD	3.00	A
HISP-S 105	FIRST YEAR SPANISH	4.00	C
SPH-I 119	PERSONAL FITNESS/WELLNESS	3.00	B-
SPH-K 205	STRUCTURAL KINESIOLOGY	3.00	W
SPH-N 220	NUTRITION FOR HEALTH	3.00	B-
Semester:	GPA Hours: 13.00	GPA Points: 36.200	
	Hours Earned: 13.00	GPA: 2.785	
Cumulative:	GPA Hours: 28.00	GPA Points: 81.200	
	Hours Earned: 28.00	GPA: 2.900	

Fall 2022

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
CHEM-C 103	INTRO TO CHEMICAL PRINCIPLES	5.00	X
SPH-H 350	TOPICAL SEMINAR IN HEALTH EDUC	3.00	C+
	Course Topic(s): RACISM AND PUBLIC HEALTH		
SPH-K 200	COMPUTER TECH PUBLIC HEALTH	3.00	C
SPH-F 150	INTRO TO LIFE SPAN DEVELOPMENT	3.00	B-
Semester:	GPA Hours: 9.00	GPA Points: 21.000	
	Hours Earned: 9.00	GPA: 2.333	
Cumulative:	GPA Hours: 37.00	GPA Points: 102.200	
	Hours Earned: 37.00	GPA: 2.762	

Spring 2023

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
ANAT-A 215	BASIC HUMAN ANATOMY	5.00	B-
HIST-A 235	HISTORY OF AMERICAN	3.00	B-
MATH-M 119	EMPIRE BRIEF SURVEY OF	3.00	W
SPH-I HPSC-117	CALCULUS 1 BOWLING	1.00	C-
X Semester: 200	SCIENTIFIC REASONING	3.00	F
GPA Hours: 12.00		GPA Points: 23.300	
Cumulative: Hours Earned: 9.00	GPA: 1.942		
GPA Hours: 49.00	GPA Points: 125.500		
Hours Earned: 46.00	GPA: 2.561		

Summer 2023

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
SPH-K 391	BIOMECHANICS	3.00	D-
Semester: GPA Hours: 3.00	GPA Points: 2.100		
Hours Earned: 3.00	GPA: 0.700		
Cumulative: GPA Hours: 52.00	GPA Points: 127.600		
Hours Earned: 49.00	GPA: 2.454		

Fall 2023

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
CHEM-C 103	INTRO TO CHEMICAL PRINCIPLES	5.00	C+
CLAS-C 209	MED TERMS FROM GREEK & LATIN	2.00	B+
CLAS-C 211	ANCIENT ATHLETICS	3.00	B-
SPH-H 360	WRITING IN PUBLIC HEALTH	3.00	A
SPH-W 113	BACKPACKING	2.00	A+
Semester: GPA Hours: 15.00	GPA Points: 46.200		
Hours Earned: 15.00	GPA: 3.080		
Cumulative: GPA Hours: 67.00	GPA Points: 173.800		
Hours Earned: 64.00	GPA: 2.594		

Spring 2024

Program : Public Health Undergraduate

Course	Title	Hrs	Grd
CHEM-C 117	PRINC OF CHEM & BIOCHEM I	3.00	W
CHEM-C 127	PRINC OF CHEM & BIOCHEM I LAB	2.00	C-
MATH-M 106	MATH OF DECISION AND BEAUTY	3.00	B
PSY-P 102	INTRODUCTORY PSYCHOLOGY 2	3.00	B
SPH-K 405	EXERCISE AND SPORT PSYCHOLOGY	3.00	C+
SPH-M 211	INTRO TO SPORT MANAGEMENT	3.00	B
Semester: GPA Hours: 14.00	GPA Points: 37.300		
Hours Earned: 14.00	GPA: 2.664		
Cumulative: GPA Hours: 81.00	GPA Points: 211.100		
Hours Earned: 78.00	GPA: 2.606		

Student Undergraduate Program Summary

GPA Hours: 81.00 Transfer/Test Hours Passed: 0.00
 Hours Earned: 78.00 Points: 211.100 GPA: 2.606

Academic Objective as of Last Enrollment

Public Health Undergraduate

Exercise Science BSK